

2023 Hempfield Junior High Girls Soccer



Who: Any girl entering 7th or 8th grade interested in trying out for the Hempfield Jr. High Girls' Soccer team.

When: August 21 -23 Time: 3:30-5:30

Where: Fields along Kauffman Road in front of Landisville Primary Center (across street from Baseball field)

Please note that the first day of tryouts is the day before the first day of school on August 21. The second and third day of tryouts will be immediately after school on August 23 and 24. Centerville Middle School students will receive transportation to the practice field.

PIAA Physical Information

Physicals are **required** to participate in all athletic try-outs. Players & parents must complete the official PIAA physical evaluation form **before** the exam can be completed. Additional forms are available in each school office and can be downloaded.

ALL physical exam information can be found here: <http://www.hempfieldsd.org/Page/366>

Physical paperwork must then be uploaded to the Athletic Training System (ATS) Portal. No athlete can participate until all paperwork is uploaded to this system.

Instructions for using the ATS portal can be found here:

<https://www.hempfieldsd.org/site/Default.aspx?PageID=728>

Interested parents can also join the **Hempfield Girls Soccer Schoology** page by using the access code: **MNNDK-SRW97**

Summer Open Field Opportunities

We will hold several voluntary open field opportunities on Wednesday evenings throughout July and August at the Quad turf field on the high school campus.

Try-out evaluations

Evaluations will be an extremely comprehensive process, where players will need to perform at their very best. It is mandatory that all candidates attend each session to give themselves a reasonable opportunity to compete for a spot on one of the teams.

Players should expect to be evaluated in the technical & tactical aspects of soccer, as well as speed & cardiovascular fitness. The ability to make good decisions with, and without the ball, work with others, and be attentive to instructions are all critical elements.

Water and soccer balls will be provided; however, players should bring her own water bottle labeled with her name.

Contact Info...

Mike Pollis (Junior High Head Coach)

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